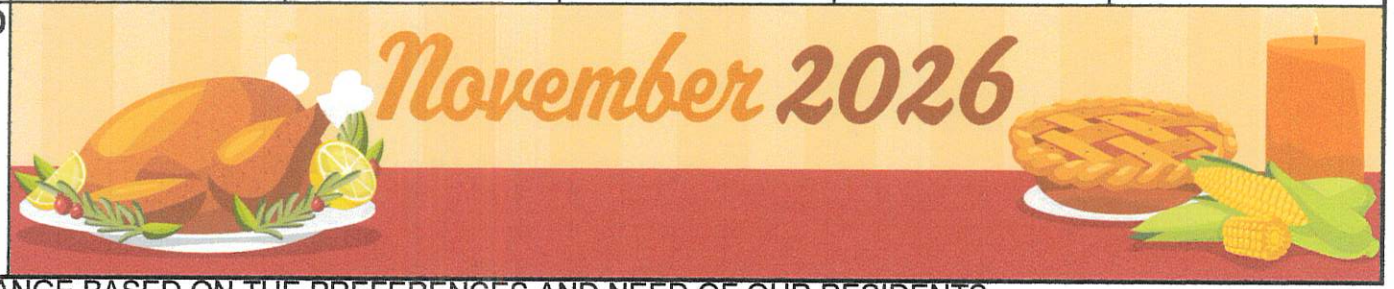
November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:00am – Daily Chronicles 10:30am – Streaming Worship Service 1:00pm – Decompress **2:30pm – Patio Chat** 3:00pm – Hand Massages 3:30pm – Raise Your Answers 4:00pm – Setting the Table 6:00pm – At Your Leisure! Daylight Saving Time Ends	**2** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Walking Club 1:00pm – Decompress/ Aroma Therapy **2:30pm – Short Stories** 3:00pm – Penny Ante 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**3** **9:15am – Chair Excercose** 9:30am – Prayer & Devotional 10:30am – Daily Chronicles 11:00am – Karaoke 1:00pm – Decompress/ Aroma Therapy **1:30pm – Hymns w/Larry and Brenda** 2:30pm – Gratitude Tree 3:30pm – Table Games 4:00pm – Setting the Table 6:00pm – At Your Leisure	**4** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles **11:00am – Bible Stories w/ T&J** 1:00pm – Decompress/ Aroma Therapy **2:30pom – Music w/ Riley** 3:30pm – Brian Boost 4:00pm – Setting the Table 6:00pm – At Your Leisure	**5** **9:00am – Silver Sneakers w/ Vilma** 9:30am – Prayer & Devotion 10:30am – Daily Chronicles **11:00am – What's Cooking?** 1:00pm – Decompress **1:30pm – Combo Band** 2:30pm – Trivia 3:00pm – Bingo 4:00pm – Setting the Table 6:00pm – At Your Leisure	**6** **9:15 am – Music Therapy w/ Luisa** 10:30am – Prayer & Devotional 11:00am – Daily Chronicles 1:00pm – Decompress/ Aroma Therapy **2:30pm – Movie & Popcorn** 3:30pm – Better Than or Now 4:00pm – Setting the Table 6:00pm – At Your Leisure	**7** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Helpingl Hands 1:00pm – Decompress/ Aroma Therapy 2:30pm – Crafts 3:00pm – Trivia 3:30pm – Bingo! 4:00pm – Setting the Table 6:00pm – At Your Leisure
8 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:00am – Daily Chronicles 10:30am – Streaming Worship Service 1:00pm – Decompress **2:30pm – Patio Chat** 3:00pm – Hand Massages 3:30pm – Who's Got It? 4:00pm – Setting the Table 6:00pm – At Your Leisure! Diwali (Hindi)	**9** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Walking Club 1:00pm – Decompress 1:00pm Men Conversation w/ Trey **2:30pm – Toss A Tune** 3:00pm – Penny Ante 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**10** **9:15am – Tai Chi w/ Alisha** 9:30am – Prayer & Devotional 10:30am – Paint and Sip w/Deolores 1:00pm – Decompress/ Aroma Therapy **1:30pm – Hymns w/Larry and Breanda** 2:30pm –Table Talk Tidbits 3:30pm – Table Games 4:00pm – Setting the Table 6:00pm – At Your Leisure	**11** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles **11:00am – Bible Stories w/ T&J** 1:00pm – Decompress/ Aroma Therapy **2:30pom – Music w/ Toney** 3:30pm – Brain Boost 4:00pm – Setting the Table 6:00pm – At Your Leisure Veterans Day Remembrance Day (Canada)	**12** **9:00am – Silver Sneakers w/ Vilma** 9:30am – Prayer & Devotion 10:30am – Daily Chronicles **11:00am – What's Cooking?** 1:00pm – Decompress **1:30pm – Combo Band** 2:30pm – Trivia 3:00pm – Bingo 4:00pm – Setting the Table 6:00pm – At Your Leisure	**13** **9:15 am – Exercise** 10:15am – Snack 10:30am – Prayer & Devotional 11:00am – Daily Chronicles 1:00pm – Decompress/ Aroma Therapy **2:30pm – Movie & Popcorn** 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**14** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Fabulous 1950's 1:00pm – Decompress/ Aroma Therapy 2:30pm – Crafts 3:00pm – Trivia 3:30pm – Bingo! 4:00pm – Setting the Table 6:00pm – At Your Leisure
15 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:00am – Daily Chronicles 10:30am – Streaming Worship Service 1:00pm – Decompress **2:30pm – Patio Chat** 3:00pm – Group Puzzles 3:30pm – Word Search 4:00pm – Setting the Table 6:00pm – At Your Leisure!	**16** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Walking Club 1:00pm – Decompress/ Aroma Therapy **2:30pm – Water Colors** 3:00pm – Riddle Me This 3:30pm – Penny Ante 4:00pm – Setting the Table 6:00pm – At Your Leisure	**17** **9:15am – Tai Chi w/ Alisha** 9:30am – Prayer & Devotional 10:30am – Daily Chronicles 11:00am – Karaoke 1:00pm – Decompress/ Aroma Therapy **1:30pm – Hymns w/Larry and Brenda** 2:30pm – November Discussion 3:30pm – Table Games 4:00pm – Setting the Table 6:00pm – At Your Leisure	**18** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles **11:00am – Bible Stories w/ T&J** 1:00pm – Decompress/ Aroma Therapy **2:30pom – Music w/ Byron** 3:30pm – Brain Boost 4:00pm – Setting the Table 6:00pm – At Your Leisure	**19** **9:00am – Silver Sneakers w/ Vilma** 9:30am – Prayer & Devotion 10:30am – Daily Chronicles **11:00am – Ladies Luncheon - - FC** 1:00pm – Decompress **1:30pm – Combo Band** 2:30pm – Trivia 3:00pm – Bingo 4:00pm – Setting the Table 6:00pm – At Your Leisure	**20** **9:15am – Music Therapy w/Luisa** 10:15 am– Snack 10:30am – Prayer & Devotion 11:00am – Daily Chronicles 1:00pm – Decompress **2:30pm – Group Outing** 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**21** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Helping Hands 1:00pm – Decompress/ Aroma Therapy 2:30pm – Crafts 3:00pm – Trivia 3:30pm – Bingo! 4:00pm – Setting the Table 6:00pm – At Your Leisure
22 :15am – Prayer & Devotional 9:30am – Chair Exercise 10:00am – Daily Chronicles 10:30am – Streaming Worship Service 1:00pm – Decompress **2:30pm – Patio Chat** 3:00pm – Hand Massages 3:30pm – Group Puzzles 4:00pm – Setting the Table 6:00pm – At Your Leisure!	**23** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Walking Club 1:00pm – Decompress/ Aroma Therapy **2:30pm – Reminiscing** 3:00pm – Penny Ante 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**24** **9:15am – Tai Chi w/ Alisha** 9:30am – Prayer & Devotional 10:30am – Daily Chronicles 11:00am – Brain Aerobics' 1:00pm – Decompress/ Aroma Therapy **1:30pm – Hymns w/Larry and Breanda** 2:30pm – November Highlights 3:30pm – Table Games 4:00pm – Setting the Table 6:00pm – At Your Leisure	**25** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles **11:00am – Bible Stories w/ T&J** 1:00pm – Decompress/ Aroma Therapy **2:30pom – Music w/ Chole** 3:30pm – Brain Boost 4:00pm – Setting the Table 6:00pm – At Your Leisure	**26** **9:00am – Silver Sneakers w/ Vilma** 9:30am – Prayer & Devotion 10:30am – Daily Chronicles **11:00am – What's Cooking?** 1:00pm – Decompress **1:30pm – Combo Band** 2:30pm – Trivia 3:00pm – Bingo 4:00pm – Setting the Table 6:00pm – At Your Leisure Thanksgiving Day (U.S.)	**27** **9:15am – Exercise** 10:15am – Snack 10:30am – Prayer & Devotional 11:00am – Daily Chronicles 1:00pm – Decompress/ Aroma Therapy **2:30pm – Movie & Popcorn** 3:30pm - One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure	**28** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Helping Hands 1:00pm – Decompress/ Aroma Therapy 2:30pm – Crafts 3:00pm – Trivia 3:30pm – Bingo! 4:00pm – Setting the Table 6:00pm – At Your Leisure
29 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:00am – Daily Chronicles 10:30am – Streaming Worship Service 1:00pm – Decompress **2:30pm – Patio Chat** 3:00pm – Hand Massages 3:30pm – Raise Your Answer! 4:00pm – Setting the Table 6:00pm – At Your Leisure!	**30** 9:15am – Prayer & Devotional 9:30am – Chair Exercise 10:30am – Daily Chronicles 11:00am – Walking Club 1:00pm – Decompress/ Aroma Therapy **2:30pm – Table Décor** 3:00pm – Brain Boost 3:30pm – One on One 4:00pm – Setting the Table 6:00pm – At Your Leisure					

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON THE PREFERENCES AND NEED OF OUR RESIDENTS